

SP Gymnastics



Gymnastics Classes for Years 1 & 2 Wednesdays 3.20-4.20pm at St Edmund's – Now Open for Registration!

Dear Parents,

We're delighted to offer a fantastic opportunity for children to take part in gymnastics classes at St Edmund's!

Gymnastics provides a wide range of physical and mental benefits for children, including improved strength, flexibility, balance, coordination, and cognitive function. Beyond physical development, it also nurtures confidence, discipline, and social skills—all within a fun and supportive environment.

Our sessions will include a mix of floor work and basic apparatus skills, along with movement to music, offering a creative and enjoyable approach to learning. The class is designed to be inclusive and suitable for both beginners and more experienced gymnasts.

Sarah Partridge will be leading the classes and is a qualified gymnastics coach and primary school teacher, with over 30 years of experience in coaching and competing. She has worked with children from beginner level right up to international standard, and brings a wealth of knowledge, passion, and care to every session.

We look forward to welcoming your child to these exciting classes and helping them grow through the joy of movement.

Starting Wednesday September 10th 2025, £7.50 per session.

Please register your interest at spgymnastics25@yahoo.com places will be allocated on a first come first served basis.

Kind regards

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