

How do we measure time?



We measure time in years.
Each year we have a birthday!



Each year we celebrate the New Year.



We also measure time in months.



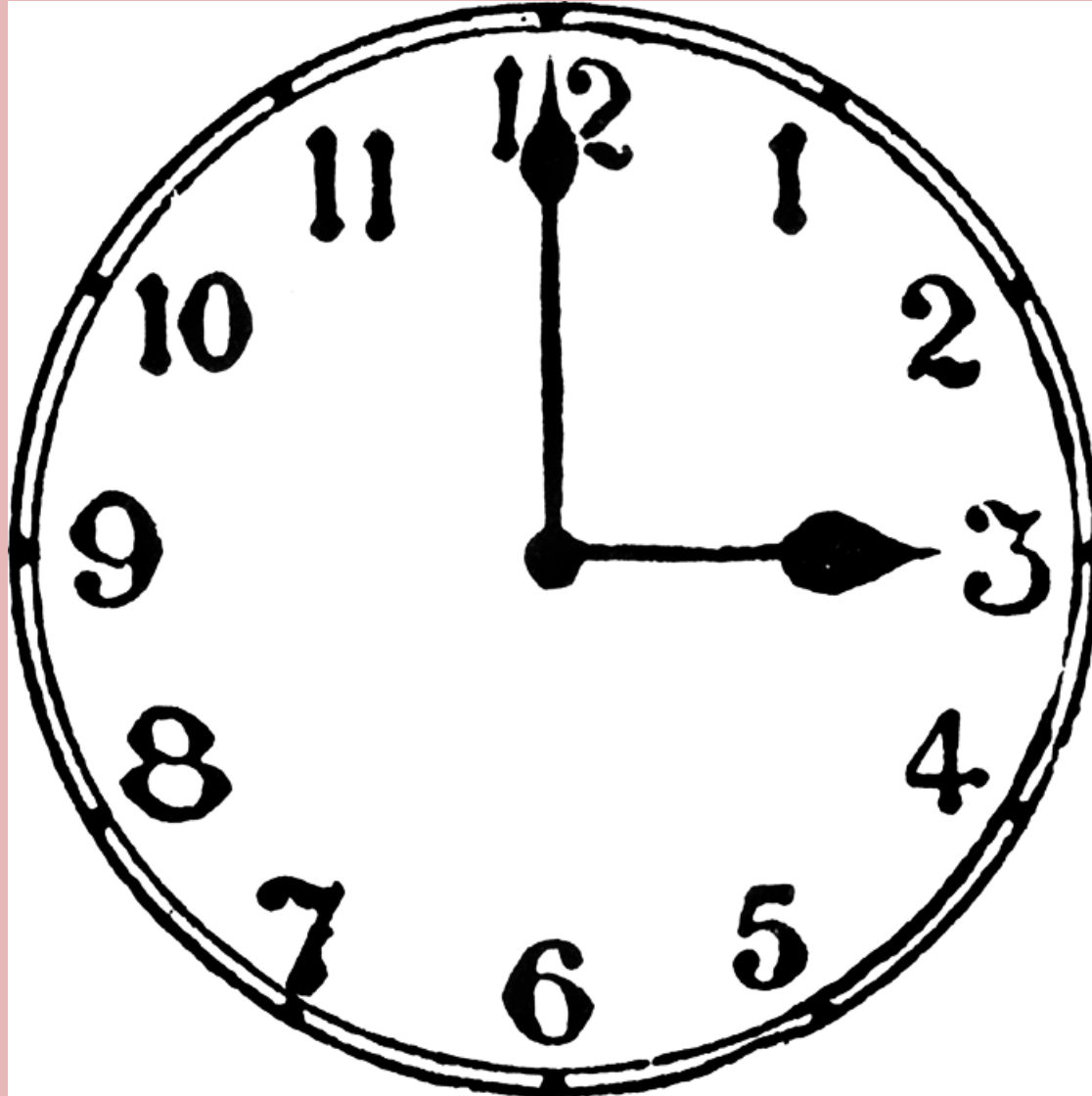
We also measure time in weeks...



and in days.



We measure time in hours,



minutes,



and seconds.



60 seconds = 1 minute.

60 minutes = 1 hour

24 hours = 1 day.

How can we measure one minute?





One minute sand timer



Watching the second hand on a clock



Using a kitchen timer



Using an online timer



Using a stopwatch










Using a timer or stopwatch on a phone



By counting, one mississippi, two mississippi ...

Measuring time is fun.
Let's go measure some time!



Activity	Estimate	Result
Write your name 		
Star jumps 		
Count to ten 		
Stretch high and touch your toes 		
Draw a face 		
Build a tower of ten cubes 		
Sing 'Happy Birthday' 		

Draw them in the boxes in order from the **shortest** to **longest** time.

Label them to say if they took seconds, minutes or hours.

Activity: _____

Seconds, minutes or hours?

Activity: _____

Seconds, minutes or hours?

Activity: _____

Seconds, minutes or hours?

Activity: _____

Seconds, minutes or hours?
