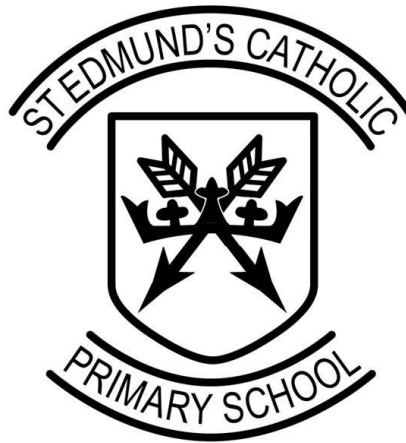




St Edmund's Catholic Primary School

Personal, Social and Health Education(PSHE) POLICY



Headteacher: Elizabeth Higgins

'Learn, Love and Live with the Lord'

Our mission at St Edmund's is to develop, support and guide everyone at our school to achieve their best in their lives, within a caring community which reflects the love of God.

With God's help we aim to ...

- ❖ promote Gospel values and the teachings of the Catholic Church as an integral part of our mission, providing a comprehensive religious education which expresses the life of faith through worship, liturgy and prayer
- ❖ ensure a Catholic ethos which will be experienced by all who enter the school and which will allow God's light to shine out of each child
- ❖ create an exciting and vibrant curriculum where high standards are achieved through high quality teaching, learning and assessment
- ❖ provide a warm emotional environment where learning is enjoyed by all, and in which all children are treated as special, individual and important
- ❖ provide a safe and healthy learning environment where behaviour is excellent, developing in children a respect for themselves and each other within a loving Catholic community
- ❖ be at the heart of the parish, an active part of the local community and of the universal Church
- ❖ sustain improvement through high quality leadership and governance
- ❖ recruit and retain high quality staff and use our time, effort and resources in the most efficient way to meet these aims

Rationale

**‘I have come that you might have life and have it to the full’
(Jn.10.10)**

1. Stemming from our vision of what it means to be human, we seek to educate the whole person: spiritually, intellectually, morally, emotionally, psychologically, and physically towards Christian maturity
2. This policy is written within the context of ensuring that every child matters agenda to develop social and emotional aspects of learning
3. We acknowledge that Personal Social and Health Education (PSHE) and Citizenship, as well as Sex and Relationship Education (RSE) are all underpinned by a theology of relationship and so are all encompassed in the title ‘Education for Personal Relationships’
4. In response to the exhortation of the Bishops’ Conference of England and Wales we recognise our important role in Relationship and Sex Education
5. We acknowledge the need to address issues raised by the actual experience of pupils today
6. We seek to provide an environment where pupils are informed about relationships in the context of the Catholic faith

Aims of PSHE:

- To encourage pupils' growth in self awareness, self-respect, acknowledging we are all created in the likeness of God
- To help pupils develop an understanding that love is the central basis of relationships
- To help pupils to understand the nature of relationships and to encourage them to reflect on their own relationships and respect differences between people
- To become aware that people have different views and needs to their own which they should respect and empathise with
- To develop pupils' confidence in talking, listening and thinking about feelings and relationships in order to develop social and emotional literacy
- To help pupils acquire the social and communication skills necessary to develop and sustain relationships
- To offer sex education in the context of a loving and caring relationship
- To ensure that pupils protect themselves and ask for help and support when needed, promoting personal wellbeing
- To ensure that pupils are prepared for puberty
- To help pupils to develop a healthier, safer lifestyle
- To prepare pupils to play an active role as citizens and to understand the Catholic vision of what it means to be citizens of the Kingdom/reign of God and make a positive contribution
- To demonstrate a responsibility for themselves and for their own learning by being self motivated
- To demonstrate a responsibility for their environment

PSHE is taught through:

- The Religious Education Programme, TenTen(Life to the Full) and Science, 'Statements To Live By' and Kelso's Choice as well as other areas of the curriculum, including Circle Time.
- 'The Life Bus' which visits every year for three days. During this time all classes work through a programme tailored to their year group.
- Social skills groups as required and, upon request, 'Rainbows' groups
- 'Life to the Full' for each year group to ensure all children receive teaching on sex education in accordance with the diocesan guidelines.

Events which support our PSHE and Citizenship throughout the year are:

- Eco Council and School Council meetings
- Life Bus
- Focus on Anti-bullying during 'Anti-bullying Week'
- Bikeability Sessions
- Raising awareness of other faiths
- Taking part in fundraising for the school, parish and others.
- Performances from visiting drama groups and storytellers.
- Going on educational visits
- Green cards for good behaviour in the playground
- Surrey Healthy Schools

Extra – Curricular Activities

Children are given the opportunity to participate in extra curricular activities, depending on their year group e.g. sporting activities, athletics, sewing, netball, coding and basketball.

Golden Assembly

Every half term all pupils take part in a Golden Assembly. This is an opportunity for pupils to share their successes with each other. Their success can be achieved both in and out of school. Exemplary behaviour is recognised in addition to academic achievements.

Certificates are given out and Headteacher's Awards are given to children who have received recognition. Children who have behaved well or shown kindness during playtime are also entered into the Golden Book. The entries are read out during Golden Assembly.

House Point results are also celebrated.

School Environment

Pupils are encouraged to show care and responsibility for our school. They are expected to respect all school property in an appropriate manner. The school is actively engaged in Eco friendly activities and Games Captains have responsibilities for play and puzzle equipment.

Health & Safety

Children are taught the importance of keeping safe and healthy. They explore various issues concerning health and safety around the school e.g. fire drills, keeping fire exits clear and not running indoors. They are introduced to the importance of health, the importance of

exercise and the benefits and dangers of drugs. They are taught about personal hygiene and its impact on their own health and that of others.

Home/School Links

At St. Edmund's we strive to build strong links between home and school. Parents of new intake children are given information about the school aims and procedures through the School Brochure and from visits and talks. Reception children are invited to visit the class for a morning, an afternoon and a story time in the summer prior to starting school in September. Parents are also welcome to contribute to school life by helping in class and joining us on outside school visits. Each child has a Reading Diary and, in Key Stage 2, a homework diary. Parents are informed of children's progress and are consulted about any problems. Parent consultation meetings are held in the Autumn and Spring Term. A Record of Achievement is sent home in July. Parents are invited to an open afternoon in the Summer term in order to celebrate children's success. Parents of those children on the SEN register are informed of their progress on a regular basis. The induction pack for the Reception Class, New Intake and New Year Procedures includes behaviour guidelines, Kelso's Choice, home/school agreement and child protection documentation.

Equal Opportunities and Child Protection Issues

See the relevant policies relating to children.

By providing these opportunities for PSHE we are ensuring that children begin to develop as individuals, to be made more aware of their own, and others, feelings. They realize their responsibilities of being a member of a community and are encouraged to take a proactive role in the running of the school (School Council, Buddies, Eco Council and a range of roles). The notion of democracy and citizenship is explored in the School Council election process. They are encouraged to further develop their social skills and develop a sense of right and wrong. This will lay the firm foundations for the further acquisition of skills and attitudes that will enable them to lead fulfilled lives, and become responsible citizens of the community.

We also acknowledge that every area of school life can potentially contribute to PSHE as the school, of its very nature operates through positive human relationships.

PSHE work done by the children is recorded in whole class books and in other books when taught in a cross curricular way.

All staff realise the obligation to deliver PSHE in their role as class teachers or support staff. Staff also recognise the need for close co-operation with each other and other subject areas in order to ensure a holistic approach to PSHE.

We recognise that PSHE requires sensitive teaching, which is matched in particular by the specific needs and concerns of pupils.

Teachers will use their professional judgement when addressing issues in PSHE and careful consideration will need to be given to the inevitable wide and varied experience and backgrounds of the pupils in the class.

All teachers involved in PSHE are required to be sensitive, credible and consistent.

Our Policy for Learning and Teaching outlines the appropriate teaching methods for PSHE in our school.

The role of the PSHE subject leader is to:

- Monitor teaching in the subject with clear objectives
- Create and evaluate annual action plan
- Monitor the schemes of work to ensure progression and continuity in the subject through out the school
- Collect in evidence of work, analysing and preparing a report for the Senior Leadership Team
- Create and evaluate assessment procedures
- Ensure policy and practices are in place and up to date
- Keep up to date with subject locally and nationally
- Audit training needs of subject staff, be available to model teaching and provide for training including staff meetings
- Maintain existing resources and explore opportunities to incorporate new ones including Computing

The Governing Body

The Local Governing Committee in particular recognise their responsibility to ensure the PSHE programme follows Diocesan principles and reflects the Church's teaching.

The Role of Parents

'The Church has always recognised that it is the privilege and the responsibility of parents to educate and inform their children in all matters pertaining to personal growth and development particularly in the sensitive area of their moral education and sexual development. The Church also recognises that many parents require help and support in this task from both schools and parishes.'*(Bishops' Low Week Meeting 1994)*

The Governing body fully subscribes to the views expressed by the Bishops' Conference. The Governors will always strive to ensure that:

- Parents are supported in their task.
- Parents are consulted and kept informed of the PSHE Programme and its contents and any subsequent developments.

Child Withdrawal – See separate RSE Policy

Assessment Recording and Reporting

A record is kept in the teacher's termly planning of the delivery of PSHE and Ethos Statements.

Reporting is shared in pupil's end of year report.

Monitoring and Review

The PSHE Subject Leader will monitor the delivery of the programme through observation and discussion with teaching staff to ensure consistent and coherent curriculum provision.