



PSHE and RSE

Created and Loved by God

- Religious Understanding
- Me, My Body, My Health
- Emotional Well-Being
- Life Cycles

Lifestyle First Pillars

- Sleep
- Minimising Harm
- Healthy Eating
- Physical Exercise
- Mental Health
- Healthy Relationships

Created to Love Others

- Religious Understanding
- Personal Relationships
- Life Online
- Keeping Safe

Children's Mental Health Week

Safer Internet

Economic Well-Being: Money

Zones of Regulation

Attendance

Anti- Bullying Week

Road Safety Week

Neurodiversity

Protected Characteristics

Created to Live in Community

- Religious Understanding
- Living in the Wider World

British Values

- Democracy
- The rule of law
- Individual liberty
- Mutual respect and tolerance

