

Mrs Bianco's recommended book list:

Books to Support Parents (Understanding SEND)

The SEND Handbook for Parents and Carers by Sarah Alix — A clear, accessible guide to navigating the SEND system and supporting your child through school.

The Parent's Guide to SEND: Supporting Your Child with Additional Needs at Home, School and Beyond by Gary Aubin & Stephen Hull — Co-written by a parent and a SEND professional, offering practical advice on school, services and home support.

Books for Children (Understanding Themselves and Others)

These books help children explore neurodiversity, emotions and differences in a gentle, relatable way:

Can You See Me? by Libby Scott & Rebecca Westcott — A story co-written by an autistic young person, helping children understand autism from the inside.

The Goldfish Boy by Lisa Thompson — A sensitive exploration of anxiety and OCD through a mystery story.

Wonder by R.J. Palacio — A powerful story about difference, empathy and inclusion.

The Curious Incident of the Dog in the Night-Time by Mark Haddon — A well-known story offering insight into autistic thinking and sensory experience.

Books to Support Emotional Regulation & Wellbeing

These titles help children understand feelings, anxiety and self-regulation:

Let's Spot the Odd One Out! (Twinkl Originals) — A gentle introduction to difference and inclusion for younger children.

Inclusive Reading Books for SEND Pupils (Peters Collection) — A curated range of accessible, high-interest books designed for children with diverse needs.

Local SEND Parent Workshops (Godalming & Guildford)

Support is available locally for families of children with additional needs. These organisations offer friendly workshops, drop-ins and advice for parents.

National Autistic Society – Surrey

Autism focused courses and parent support. QR link: <https://nassurreybranch.org>



 **Mindworks Surrey**

Workshops on anxiety, emotions and neurodiversity. QR link: <https://www.mindworks-surrey.org>



 **Challengers “The Hub” – Guildford**

Free SEND workshops, coffee mornings and 1:1 support. QR link: <https://www.disability-challengers.org/the-hub>



 **SEND Workshops (Surrey-wide)**

Regular online and inperson SEND sessions for parents. QR link: <https://sendworkshops.co.uk>



 **Family Voice Surrey**

Parentcarer forum offering events and information sessions. QR link: <https://www.familyvoicesurrey.org>

