

Main Meal

OPTION 1

OPTION 2

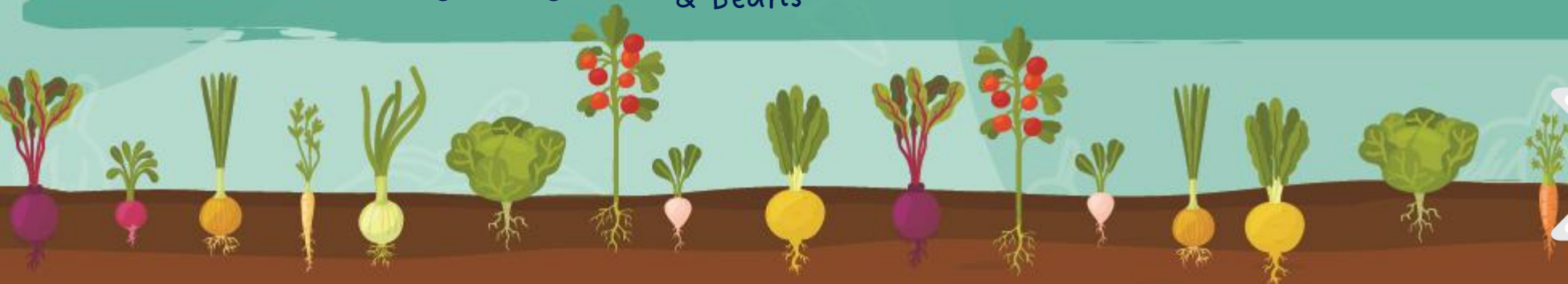
Veggies

Pasta

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Margherita pizza & oven baked wedges	Mixed bean bolognese with penne pasta	Vegetable sausages with roast potatoes & gravy	Pea-powered vegetable stir fry with carrot rice	Vegetable nuggets, chips & tomato ketchup
Main Meal	Roasted vegetable pizza & oven baked wedges	Beef & lentil bolognese with penne pasta	Roast gammon with roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice	Fish fingers, chips & tomato ketchup
Veggies	Broccoli	Carrots & peas	Carrot & cabbage	Broccoli & Cauliflower	Baked beans
Pasta	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Sweet Treats	Lemon shortbread biscuit	Chocolate & banana brownie sponge	Orange jelly & mandarins	Baked apple & cinnamon sponge	Strawberry yogurt & strawberry sauce

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan

Main Meal

OPTION 1

OPTION 2

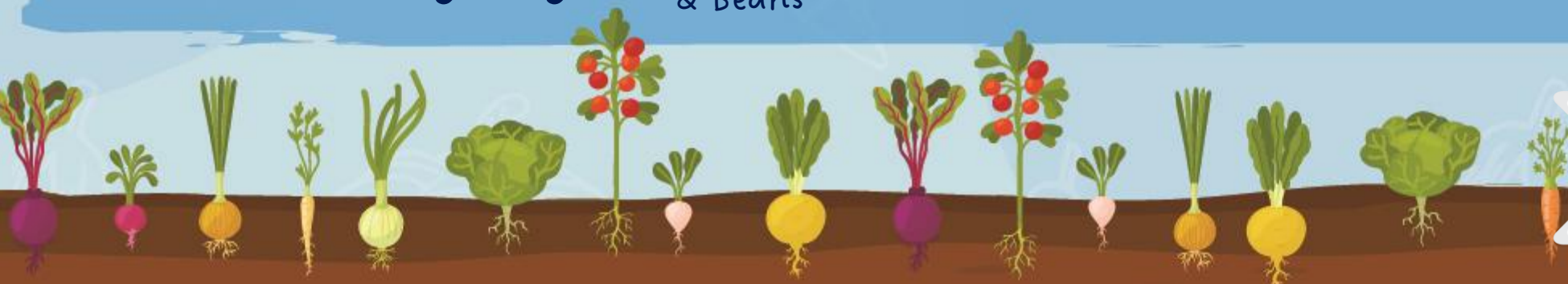
Veggies

Pasta

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
Main Meal	Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	Lemon & herb chicken with chickpeas & vegetable rice	Fish & chips with tomato ketchup
Veggies	Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Sweet Treats	Watermelon Wedge	Oaty apple crumble & custard	Chocolate Mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

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Wholegrain Vegetarian
 Nutritionist's Choice Vegan

Main Meal

OPTION 1

OPTION 2



Veggies
























Pasta



Sweet Treats






	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Baked creamy mac 'n' cheese 	Quorn dippers, chips & tomato ketchup 
Main Meal	Rainbow vegetable stir fried rice 	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked Beans 
Pasta	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Creamy pesto penne pasta 
Sweet Treats	Chocolate Shortbread 	Apple & summer berry crumble with custard 	Strawberry yogurt & strawberry sauce 	Raspberry jelly & mandarins 	Chocolate fruit crispie cake 

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KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 