



This Lent we have been thinking about the Amazon rainforest and the people who live there. Many of these people are indigenous people, which means that they and their families are the first groups of people who lived in the area and keep many traditions and ways of life that have belonged to them for hundreds of years.

Art project:

This Lent, we asked schools to raise money for the Amazon by holding fun football fundraisers. Thank you if your school took part!

Even if you didn't, you could design your own football team.

You could include kits, a stadium, players, a badge or even a mascot! If you have done a research project, why not make your mascot an animal from the rainforest?

Not that into football? How about designing a rainforest scene. You could use colouring pencils, paints, crayons, whatever you have available!



Creative writing:

If you are a keen writer, why not create a story set in the rainforest? You could include animals as characters, or *indigenous* people. It could be an adventure for someone travelling into the rainforest. Or maybe there is a threat from outside.

If you prefer non fiction writing, why not write a letter to someone about what you have found out about the Amazon? You could try to persuade someone that saving the rainforest is important for the planet.

Research project:

How much can you find out about the Amazon? How many people live there? What do the flags of the countries look like? What type of animals live there?

You could use the internet to research or any books you have available.

Why not design a poster with what you find out?

Or make a photo slideshow to show someone else in your family?

In the kitchen:

There are lots of exciting recipes from Brazil and the Amazon region. Why not try the Brazilian sweet biscuits at <https://cafod.org.uk/Education/Kidz-Zone/Global-recipes> ?

Outdoors (if you have a garden or safe space):

The Amazon rainforest is an amazing *ecosystem*. There are many different plants and animals that have their *habitat* there. What plants and animals can you find in your garden or safe space? How are they the same or different from the Amazon?



If you want to share your work, find CAFOD on [Facebook](#) and [Twitter](#).

Find more Lent resources at cafod.org.uk/primary/lent





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