

# Sense of Smell Experiments.



smell

# Tea Bag Experiment:

The children have to match the tea bag to the right type of tea based on the sense of smell.

Before you start matching the tea bags, take some time to smell each of them. As the children do, talk about things like:

1. The colour of the tea inside the bags.
2. The scent.
3. What the scent made her think of.
4. Any foods that they have tried with the same scent.

After our discussion, the children can smell the tea bags inside the packages and try to match the scents.





You can do a food hunt by smell.

1. Collect some food and non-food items.
2. Put them in a covered small container, like empty yogurt container.
3. Ask kids to smell each and tell you what they smell and if they want to eat what's in the bottle.
4. At the end, reveal the items in the containers, and see how many of those they claimed they want to eat are actually edible.

## Whose clothing is whose?



Have the children blindfolded, and pick some family members' clothes and let the kids smell and guess whose clothes they are.

This activity will tell kids that we all have certain smells

# Sensory Spice and Herb Painting

To make the spice paint, pour white paint into small bowls, then added different herbs and spices into a bowl. And paint away! See how the painting smells at the end.



Dip different smells on the cotton balls and make different types of flowers.



# Sense of Taste Experiments.



taste

Can you identify the four basic tastes: sweet, sour, salty, and bitter? Can you recognize these tastes in a variety of foods?

1. Put one food item into each small container.
2. Place all the containers on a table.
3. Taste something SWEET!  
Taste something SOUR!  
Taste something SALTY!  
Taste something BITTER!



These are the four basic tastes: sweet, sour, salty, and bitter.  
Now taste each of the other foods, and decide which of the above four tastes it's most like.

Place the foods with similar tastes next to each other. (You will probably come up with four groups of three foods each: three sweet things, three sour things, three salty things, and three bitter things. If not, that's okay; the important thing is that you are exploring the sense of taste.)  
Which taste do the children like the most and which do they like the least?

# Tasting With Your Nose?



How your sense of smell helps you taste foods. Without your nose, you may not be able to tell the difference between foods – especially if the foods all have the same texture.

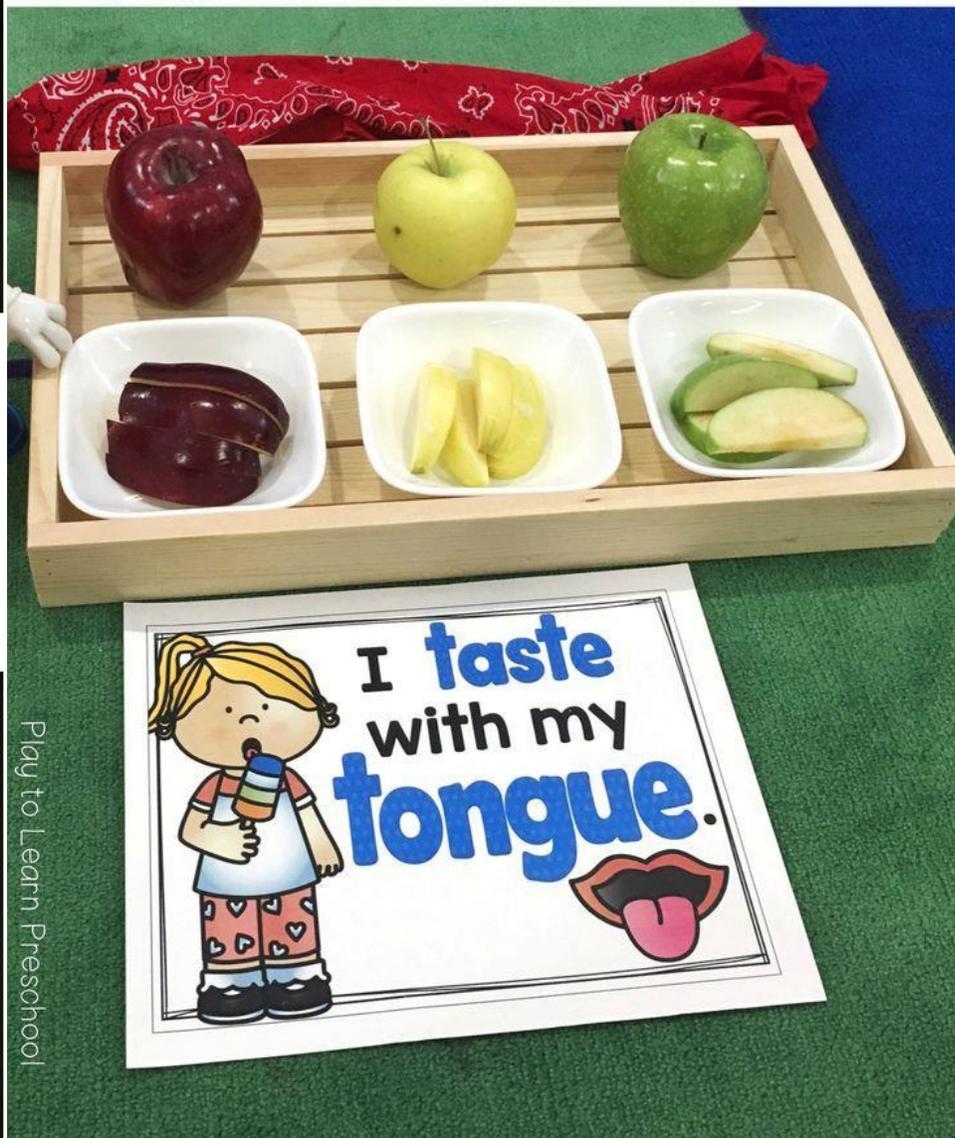
## You will need:

- A blindfold
- Foods to taste, such as different flavoured jelly beans, different fruit and vegetable slices, or a variety of yogurts and puddings.
- Spoons, if necessary
- A cup of drinking water between each food.

## What to do:

1. The child needs to cover their eyes with a blindfold.
2. The child needs to pinch his or her nose.
3. Get the child to try a flavour of the food at a time.
4. Can they identify it? (They might want a drink of water between the different foods.)
5. Get the child to taste the same food and tell them to un-pinch their nose. Is there any difference?

# Apple Taste Test



# Lemon Food Taste Test



	😊	☹️	?
lemon			
juice			
cookie			
pudding			
crumb cake			
candy			

